

6 SERVINGS



Ingredients:

- 1 lb. lean ground beef, cooked and drained
- 6 hamburger buns, whole grain
- 1/2 Tbsp. sugar
- 1 cup marinara sauce
- 1/2 lb. mozzarella cheese
- 3/4 Tbsp. oregano
- 1/4 Tbsp. garlic powder
- 1/4 Tbsp. paprika

Instructions:

1. Preheat oven to 425 degrees (400 degrees for convection).
2. Combine ground beef, marinara sauce, sugar, and spices. Mix well and simmer for 5 minutes.
3. Split hamburger buns in half. Spread beef mixture on each half of bun. Top with cheese.
4. Bake for 10 minutes.



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