

Mango Fruit Soup

Serves 4-6

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Recipe card

Ingredients:

3 cups frozen diced mango, thawed
1 cucumber, peeled
3/4 cup juice (pineapple, orange, etc.)
32 oz. yogurt, plain

Instructions:

1. Coarsely chop the cucumber.
2. Place mango and cucumber in a food processor or blender with juice.
3. Puree until smooth.
4. Blend in yogurt.
5. Chill until ready to serve.

